



ABOUT THE INSTRUCTOR

Evy Cugelman
RN, BA, CVT, QTTT, CEAT

Evy is a graduate of York Regional School of Nursing in Toronto, Ontario and McMaster University in Hamilton, Ontario. She has more than 35 years of nursing experience, including 32 years in gerontology specializing in Dementia and education. She is a Qualified Therapeutic Touch Instructor as well as a Certified Eden Alternative Educator. Evy studied Validation under Naomi Feil in the early 1990's and with Rita Altman, a Validation Master. Currently she is a Culture Change Specialist at Piñon Management, consulting and educating in Long-Term Care Homes as they journey to Person-Directed Care in a Culture Change Model.

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About Piñon Management

Piñon Management has been providing management and consulting services to owners, managers and developers of long-term care facilities in Colorado and New Mexico since 1979. Nationally recognized as leaders and innovators in the long-term care arena, Piñon delivers solutions proven to energize staff and to enrich quality of life for residents.

Piñon Management is deeply committed to Culture Change, a revitalizing force that renews facilities by empowering both residents and staff. Everyday things that most of us take for granted have been denied to long-term care residents for years because of impersonal, regimented environments. Culture Change brings humanity and life to long-term care by giving residents control of their lives and providing staff with the freedom and motivation to accommodate their wishes. Piñon's Principles of Excellence include a holistic and wellness approach to care: medical and psychosocial care is intertwined to treat the resident as a whole person instead of as an illness.



Validation® Colorado
Piñon Management
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Validation Associate Course

What is Validation?

Developed from 1963 to 1980 by Naomi Feil, M.S.W., A.C.S.W., it is a tested method that helps elderly, disoriented people reduce stress, enhance dignity and happiness.

It is accepting the feelings of another person. It is reaching out with empathy to the person with memory impairment.

It is a technique which may help to restore dignity.

**For more information go to:
www.vfvalidation.org**



Who is it for?

Individuals diagnosed with Alzheimer's and related disorders who are disoriented in the later stages of life.

Piñon Management's Validation Associate Course



Piñon's philosophies and principles embrace Validation as developed by Naomi Feil and the Validation Institute. Our goals are to reach out to ensure health care providers have a way of reaching disoriented elders in a way that promotes dignity and reduces stress.

The Validation Associate Course will provide introductory information about Validation. The participant will learn basic techniques in Validation. To develop Validation skills would require completion of the Validation Worker course. For more information on the Worker Course go to:

<http://www.vfvalidation.org>

Course Requirements

- **Must attend all three classes**
- **Must practice Validation techniques and submit homework based on the Validation techniques used.**
- **Must pass a written test to get a certificate of attendance.**

Validation Associate Course

This class will consist of 3 one day sessions over a 3 week period of time.

Day One—February 18, 2011

- Validation Basics
- Phase 1 Malorientation
- Homework Assignment

Day Two—March 11, 2011

- Review of Validation Homework and Practice
- Phase 2 Time Confusion
- Overview of Phases 3 & 4
- Overview of Validation Groups
- Homework Assignment

Day Three—March 31, 2011

- Review of Validation Homework and Practice
- Test
- Review test

Celebrate Your Accomplishments

VALIDATION ASSOCIATE COURSE REGISTRATION

All 3 days will begin at 9:00 a.m. MST and will be held at Piñon Management in Lakewood, Colorado. Hotel information will be provided upon request.

Registration Fee includes all course materials and lunch each day.

Course fee: \$425.00

Name _____

Address _____

City/State/Zip _____

Phone _____

E-Mail _____

Fax _____

Method of Payment:: Check is payable to
Pinon Management

Please send registration by January 31, 2011 to:

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